



Casa Connection

An Adventure Awaits....



**June
2007**

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Casa
SANDOVAL

New Activities this Month

An Adventure Awaits You...

Each year we transform Casa Sandoval into a traveling community we visit different countries each week. Each week we will have new decorations, activities, food and special entertainment all relating to a particular country. And the best part is you can travel with us without ever leaving Casa.

We hope that you will come and join us as we travel to four different countries in South America throughout the month of June.

June 1st.

This day will be our Kick-Off for the tours. We will have a special performance in the main lounge at 2 pm. The staff from Casa Sandoval and the staff from our Sister facility Glenwood Inn will be performing here at Casa as a special to help us kick off our exciting month of travel. Later on, we will have a special dinner where we will board our pretend plane in the Main Dining Room and take off for South America.

Brazil June 4th-8th

Come have your pictures taken with the famous Jesus statue that overlooks Brazil's capital city Rio de Janeiro, on Monday June 4th at 2 pm. On Thursday, June 7th come be entertained by the Energia Do Samba Dancers. With their beautiful



costumes and energetic dancing, this show will be one thing you won't want to miss. Following the show, we will have a special dinner at 4 pm in the main dining room. The menu will include authentic food from Brazil such as Black Bean Soup and Grilled Steak.

Argentina June 11-15th

Nothing symbolizes Argentina like the Pink Palace where Evita stood waiving to the crowd. Have your picture taken with this very famous palace on Monday June 11th at 2 pm. From the ever changing Glaciers to the traditional Gaucho cowboys, Argentina is full of exciting places that are waiting just for you. On Thursday, June 14th come and experience a dance and the music of Tango No. 9 as they perform the passionate, virtuoso vision of the music's storied future. The show begins at 2:30 pm on the main patio. After the performance, join us for a wonderful dinner including Asado de Tira (Grilled Short Ribs) and a delectable Dulce Deleche for dessert.



Peru June 18th-22nd

You don't have to climb up the 7,000 ft mountain to have your picture taken with the ruins of Machu Picchu, all



you have to do is come down to the main floor on Monday June 18th at 2 pm to see the sights and get your picture taken. On Thursday, June 21st at 2:30 pm come discover the magic of the Peruvian dancers as they tell you part of their history through the colorful, traditional dances. Then at 4pm enjoy a delicious dinner of Tallarin Saltado de Pollo (chicken with sauteed onions and tomatoes served with spaghetti).

Mexico June 25th-29th

Have your pictures taken with the ancient ruins of the Aztec's on Monday June 25th at 2:30pm. Our grand finale presentation will be performed by the Aztec Fire Dancers. Enjoy the spectacular performance as the Fire Dancers represent the splendor of Mexican Culture through their dance. The show begins on Thursday June 28th at 2:30 pm. Following this performance we will be serving traditional Mexican food in the main dining room. During Dinner we will have the farewell presentation which will conclude our trip around South America.



Please invite your friends and families to come and join with you for these special events. Please make a reservation with Ann our marketing director if you would like to bring any guests to these

Ongoing Activities

Medical Transportation

We provide medical transportation to your medical appointments. These are the hours and the days when we provide medical transportation.

Monday 9am – 11:30am

1 pm - 3:30 pm

Tuesday 9 am - 10:30am

Thursday 9am - 11:30am

Monday is the only day that we go to San Leandro but we also go to Castro Valley, Hayward, Union City. Please make sure to write down the hospital's name and time of your appointment on the sign up sheet. Please note that the pick-up time is 11:30 am for the mornings and 3:30 pm for the afternoon. If your appointment is not finished by these times you will need to call a taxi. If you have any questions regarding the transportation please contact the Activities Department.

Resident Council Meeting

Please mark your calendar for June 11th at 1:30 for our Resident Council Meeting. This is a very important meeting when we provide information about upcoming events and address issues or concerns that you might have. Please join us in the Auditorium this month for the meeting.

Food Committee Meeting

Each month we have a food committee meeting in which we

discuss the food, and you get to share your opinion about our food. We are interested in finding out how we are doing in the preparation and serving of food to our residents. Your opinion is of great value to us. This month's meeting will be on June 4th at 3pm in the Private Dining Room. Please mark your calendar and join us for this meeting.

Exercise / Penny

Aside from Sit & Stretch and Tai-Chi, we have another teacher from Hayward Adult School who comes here and teaches residents to exercise and keep their body moving. This is a good way to start your day. So we encourage the residents to come and join the exercise every Thursday at 9am in the Auditorium.

Culture, Memory and Travel Class

Alice, another teacher from Hayward Adult School, comes here each Monday to show a video on different places around the world. This class is very insightful and interesting as Alice leads you through the culture and times of the specific videos each week. This class is at 1:30 each week, in the Card Room.

Poker Night

Come enjoy a fun game of poker with your friends every Saturday night at 7 pm in the Billiard Room. Everyone comes together for a great time of socializing and

keeping your mind sharp. The game is typically played with nickels and dimes, nothing too big, but enough to make the game exciting when you win. We would like to encourage you to come and bring your friends and neighbors to enjoy the night playing poker.

Podiatrist

Dr Thomas Lee comes here each month to provide you with any care you require regarding your feet. He is very knowledgeable and efficient with each individual resident. If you would like to see Dr Lee, please sign up on the sheets located in the main hallway. Please remember to write down your phone number so that he can call you if you forget about your appointment.

Marilyn's Merry Makers

Do you enjoy making crafts? Marilyn does a fantastic job at supplying you with new and fun crafts each and every week. Typically you will create items that are related to holidays coming up, or they may be related to the season we are currently in, or they might be a fun snack you can make with your grandchildren. This is such a fun class, something you do not want to miss. Join us in the recreation room each Wednesday at 10:30 for Marilyn's Merry Makers.

New Residents

We would like to welcome the following residents who have made Casa Sandoval their new home.

Madeline Cox

Olivia Freitas

Emily Hernandez

Pat Kellner

Margaret Paulson

Muriel Slatoff

Virginia Yee

We hope that you all will attend our Welcome Committee this month on Thursday, June 5, Tuesday at 4pm in the Auditorium.



Take Note



Activity Changes

Please note that some of the activities have been moved to other days to accommodate for our main performances on Thursdays. Myron's Video Hour, and the Trips to the Mall have been moved from Thursday to Wednesday. This is only a temporary change, and things will continue the way they were after June.

The Happy Hours have also been changed for this month. Instead we will have the special performances on Thursday afternoons.

We have changed the day of the welcome committee to Tuesday, June 5th at 4 pm. This again, is only a change for the month of June, and we will have it on the normal 1st Thursday of each month following June.

We do apologize for any inconvenience, but we hope that you enjoy these special events.

Reservations

Please note that if you would like to invite any friends or family members please contact Ann in marketing. These events are so much fun, you'll want to share the experience with your friends and family. Space is limited so please contact her for a reservation, and we hope you enjoy the events.

Picture Day

Please take note that every Monday of June is the picture day for our tours. This is a great time to dress up in clothes that match the country or wear your regular clothes. Either way, come and have your picture taken with the large props near the Front Desk. The pictures will be developed and handed out about three- four days later. If you would like to get more copies, please ask the front desk. There is a small fee for extra pictures, but the first are always free.

Special Entertainment

Take note that every Thursday, we are going to have the special entertainment for our tours. The shows each week will always begin at 2:30 pm and refer to the new activities section for the venue for each event.

June Birthdays

When God Created Fathers

<i>Audrey S.</i>	6/4
<i>Dean B.</i>	6/6
<i>Fred A.</i>	6/7
<i>Frank S.</i>	6/8
<i>Margaret T.</i>	6/10
<i>Ruth O.</i>	6/11
<i>Leona C.</i>	6/11
<i>Burgis S.</i>	6/17
<i>Ophelia D.</i>	6/18
<i>Opal S.</i>	6/20
<i>Muriel S.</i>	6/26
<i>Melvyn B.</i>	6/27
<i>Ana K.</i>	6/30

When the good Lord was creating fathers He started with a tall frame. And a female angel nearby said, "What kid of father is that? If you're going to make children so close to the ground, why have You put fathers up so high? He won't be able to shoot marbles without bending, or even kiss a child without a lot of stooping."

God smiled and said, "Yes, but if I make him child-size, whom would children have to look up to?"

And when God made a father's hands, they were large and sinewy.

And the angel shook her head sadly and said, "Do You know what You're doing?" Large hands are clumsy. They can't manage diaper pins, small buttons, rubber bands on ponytails or even remove splinters caused by baseball bats."

And God smiled and said, "I know, but they're large enough to hold everything a small boy empties from his pockets at the end of the day...yet small enough to cup a child's face in his hands."

And then God molded long slim legs and broad shoulders.

And the angel nearby had a heart attack. "Boy, this is the end of the week, all right," she clucked, "Do You realize You just made a father without a lap? How is he going to pull a child close to him without the kid falling between his legs?"

And God smiled and said, "A mother needs a lap. A father

needs a strong shoulders to pull a sled, balance a boy on a bicycle, or hold a sleepy head on the way home from circus."

God was in the middle of creating two of the largest feet anyone had ever seen when the angel could contain herself no longer. "That's not fair. Do You honestly think those large boats are going to dig out of bed early in the morning when the baby cries? Or walk through a small birthday party without crushing at least three of the guests?"

And God smiled and said. "They'll work. You'll see. They'll support a small child who wants to ride a horse to Banbury Cross, or scare off mice at the summer cabin, or display shoes that will be a challenge to fill."

God worked throughout the night, giving the father few words, but a firm, authoritative voice; eyes that saw everything, but remained calm and tolerant. Finally, almost as an afterthought, He added tears. Then He turned to the Angel and said, "Now are you satisfied that he can love as much as a mother?" The angel shuteth up.





From the Desk of *Anna*

Dear Residents,
This month is full of new and exciting events that i hope you all will join and participate with the rest of us. Each Friday we will decorate for the next big event, and each Thursday will be our main performances with the special food following. We also have special pictures days, and special travel guide videos that will teach you more about these South American Countries.
I hope that you all enjoy this month, it will be fun and exciting and then it will all be over. But we have put a lot of work into makign this a memorable month for you all, please come and join us and make the most out of this once in a lifetime tour around South America.

Sincerely,

Anna Tomlinson
Executive Director

Management

Director.....*Anna Tomlinson*
Chief Financial Officer.....*Tess Barreto*
Food Services Director.....*Luz Falcon*
Chief Marketing Officer.....*Ann Ibalio*
Assisted Living.....*Lilia Seno*

*This newsletter is published each month for the residents of Casa Sandoval. Please submit information for the newsletter to the Recreation Department. Inquiries on apartment availability may be directed to the Marketing Department at
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